

# Cadet Basic Training Schedule

## 1st Week-- Black Flag Phase

1845-1900- Cadets Report, In-processing  
1900-1920- Induction (Given by STI, includes briefing from TACO)  
1920-2000- Drill  
2000-2010- Break  
2010-2045- Class - Fit and Wear of BDU's  
2045-2055- Issue Memory Work and Workbooks

### Basic Objectives:

Demonstrate stationary drill satisfactorily

- Recognize CAP 39-1 BDU wear standards
- Understand purpose of CBT

## 2nd Week-- Black Flag Phase

1845-1855- Cadets Report, Review Previous Week's Material  
1855-1920- Inspection (Teach open and close ranks)  
1920-1950- Class-- Knowledge 1st half  
1950-2000- Break  
2000-2025- Class-- Knowledge 2nd half  
2015-2055- Drill

### Basic Objectives:

- Master stationary drill as well as open and close ranks (Intro to movement)
- Retain basic concepts from Knowledge Class
- Wear uniform for the first time, show attempt to learn memory work

## 3rd Week-- Red Flag Phase

1845-1855- Cadets Report, Review previous week's material  
1855-1910- Inspection  
1910-1950- Drill  
1950-2000- Break  
2000-2055- CAP Operations (Allow 5min. break)

### Basic Objectives:

- Show improvement in memory work and wear of BDU's
- Advance in movement drill
- Understand operations of CAP

## 4th Week-- Red Flag Phase

1845-1855- Cadets Report, Review Previous Week's Material  
1850-1910- Inspection  
1910-2000- Leadership 1 Testing  
2000-2010- Break  
2010-2055- CPFT's

### Basic Objectives:

- Take CPFT's and Leadership 1

### **5th Week-- Yellow Flag Phase**

1845-1855- Cadets Report, Review Previous Week's Material

1850-1910- Inspection

1910-1940- Opportunities in CAP (Make-up CPFT's and Leadership 1)

1940-2000- Progress Check (Make-up CPFT's and Leadership 1 ctd)

2000-2010- Break

2010-2055- Drill

Basic Objectives:

- Understand Opportunities in CAP
- Advance in movement drill
- Make-up CPFT's and Leadership 1

### **6th Week-- Yellow Flag Phase**

1845-1850- Cadets Report, Review Previous Week's Material

1850-1900- Inspection

1900-2055- Basic ES Course

Basic Objectives:

- Basic ES

### **7th Week-- Yellow Flag Phase**

1845-1855- Cadets Report, Review Previous Week's Material

1855-1910- Inspection

1910-2005- Moral Leadership

2005-2015- Break

2015-2055- Drill

Basic Objectives:

- Participate in Moral Leadership
- Master Movement Drill

### **8th Week-- White Flag Phase**

1845-1855- Cadets Report, Review Previous Week's Material

1855-1910- Final Inspection

1910-1940- Feedback and Q&A for TI's

1940-2015- Drill Test (Written & Technical)

2015-2025- Break

2025-2055- Prep. for Graduation and Fun Drill (i.e. Jodies)

Basic Objectives:

- Pass inspection and drill test
- Contribute in feedback

Note: Staff members active during a class may take CPFT's and Tests alongside the basics if comfortable; otherwise, a separate time (before the meeting) will be scheduled (this will only be done for the CPFT).